

2018 Presenters

Dr. J. Douglas Brown is a board-certified neurologist specializing in brain performance and functional neurology, and is a national, as well as international, speaker on the subject. Dr. Brown is trained to identify and treat brain pathways that, when interrupted, can lead to brain dysfunction. He investigates difficult cases that have not responded to conventional therapies. Dr. Brown graduated from The University of Alabama in Birmingham, and currently operates Mind Performance Center with offices in Foley and Fairhope.

Cathy Prellwitz, LICSW, C-CATODSW has a BA in Psychology from University Rhode Island and her MSW from Simmons College of Social Work, Boston, MA. Cathy has worked for the Birmingham VAMC since 2007, most currently in the position as a Social Work Coordinator for the Telemental Health Hub Team. *Seeking Safety* is an evidence-based model for trauma and/or substance abuse.

CONFERENCE OBJECTIVES:

- Understand underlying organic pathway disorder that results in abnormal behavior.
- Understand brain plasticity and its application in treatment of brain dysfunction.
- Provide clinicians tools and techniques to use in practice through case studies.
- Learn *Seeking Safety* present-coping skills.
- Provide clinicians with tools to implement *Seeking Safety* in any setting with clients and peers.

Attention: Anne Shaw, LICSW, PIP
Alabama Society for Clinical Social Work
1037 22nd Street South, Suite 200
Birmingham, Alabama 35205

Alabama Society for Clinical Social Work

2018 Spring Conference

Gulf Shores, Alabama

February 22-24, 2018

*“A New Approach to Brain
Disorders and Lessons
Learned”*

*Presented by:
Dr. J. Douglas Brown*

And

*“Seeking Safety”
Presented by:
Cathy Prellwitz, LICSW,
C-CATODSW*

Participants may arrive as early as 4 PM on Thursday, February 22nd. The beach house sleeps 20 people. Rooms are not assigned; rooms are available on a “first come” basis when you arrive at the beach.

Friday, February 23, 2018:

8:00: REGISTRATION and BREAKFAST

9:00-10:30: “A New Approach to Brain Disorders and Lessons Learned,” Presented by: Dr. J. Douglas Brown.

* Mechanisms behind modern therapeutic approaches, such as EMDR.

10:30-10:45: BREAK

10:45-12:15: “A New Approach to Brain Disorders and Lessons Learned”- continued.

* New approaches to treating depression and dementia.

12:15-1:30: LUNCH: PROVIDED ONSITE

1:30-3:00: “A New Approach to Brain Disorders and Lessons Learned”- continued.

* Case studies focusing on patient diagnosis, treatment, and outcome manifestations.

3:00-3:15: BREAK

3:15-4:45: “A New Approach to Brain Disorders and Lessons Learned” – continued.

* More lessons learned- Case studies continued

4:45: Adjournment

DINNER ON YOUR OWN

Conference Contact:

Betty Struzick, ACSW, LICSW, MPH
ASCSW President
205-902-5082

Saturday, February 24, 2018:

8:00: BREAKFAST PROVIDED

9:00-10:30: “Seeking Safety,” Presented by: Cathy Prellwitz, LICSW, C-CATODSW

* Present-focused coping skills.

10:30-10:45: BREAK

10:45-12:15: “Seeking Safety,”- continued.

* Clinician tools to implement *Seeking Safety* skills in any setting for their clients and peers.

12:15-1:30: LUNCH: PROVIDED ONSITE

1:30: OPEN BOARD MEETING for the Alabama Society for Clinical Social Work with ASCSW President, Betty Struzick, ACSW, LICSW, MPH, presiding.

Continuing Education Contact Hours: Nine (9) contact hours will be provided to those attending the conference.

Learn more about the
Alabama Society for Clinical Social Work at
www.ascsw.org

Registration Form:

Name: _____

Address: _____

Phone: _____

Email: _____

Conference Fees: Members: \$90.00 _____

Non-Members: \$150.00 _____

Room Rental Fee per night: \$75.00 _____

How many nights? _____

Which nights? _____

Registration fees include two breakfasts, two lunches, conference materials and 9 Contact Hours. Dinner is on your own Friday night. Please send completed registration form to:

Anne Shaw, ASCSW
1037 22nd Street South, Suite 200
Birmingham, AL 35205

*****Make Checks Payable to: ASCSW*****

Conference Site: Clurin’s Blue Heaven
915 Chewning Lane
Gulf Shores, AL 36542

Directions: Follow Route 59 South over the Intracoastal Waterway in Gulf Shores. Turn right onto Route 180 West (Fort Morgan Road). Go approximately 11.4 miles. Just past the Martinique development (on left), turn left onto Veteran’s road. Go to the very end and turn left onto Chewning Lane. Clurin’s Blue Heaven is the third cottage on the left (blue house with a pool). **DO NOT PARK IN THE SAND.**
