

2019 Conference Information

The conference will be presented in a beautiful retreat-like setting overlooking the Gulf of Mexico. The presentation will be interactive and engaging. Ms. Shaw will present various approaches and facilitate discussion. Participants will have the opportunity to view excerpts from the Johnson Gottman Summit, as the Masters discuss their approach and conduct actual therapy sessions.

Anne Shaw, LICSW, PIP, CIRT received her MSW from the University of Alabama in 1992 and certification as an independent practitioner (LICSW) in 1996. Realizing the need and recognizing her desire to assist struggling relationships in her practice, she became a Certified Imago Relationship Therapist (CIRT) in 2008. She furthered her study with Gottman level one training with Drs. Julie and John Gottman in 2016. Practicing in Birmingham, Alabama, Anne enjoys her relationship with family, friends, her pets and with nature.

CONFERENCE OBJECTIVES:

- Summarize key concepts, change mechanisms and interventions in Gottman Couples Therapy, Emotionally Focused Therapy and Imago Therapy.
- Describe pitfalls that block progress and learn strategies to overcome them.
- Discover clinical insights from viewing videos of the Masters doing couples therapy.
- ID strategies for repairing ruptured connections (affairs, PTSD, volatility...).

Attention: Anne Shaw, LICSW, PIP
Alabama Society for Clinical Social Work
1037 22nd Street South, Suite 200
Birmingham, Alabama 35205

Alabama Society for Clinical Social Work

2019 Spring Conference

Gulf Shores, Alabama

February 22-23, 2019

*“Couples Therapy:
Exploring Methods of
Effective Relationship
Therapy via Imago Therapy,
the Gottman Method and
Emotionally Focused
Therapy”*
Presented by:
Anne Shaw, LICSW, PIP, CIRT

Participants may arrive as early as 4 PM on Thursday, February 21st. The beach house sleeps 20 people. Rooms are not assigned; rooms are available on a “first come” basis when you arrive at the beach.

Friday, February 22, 2019:

8:00: REGISTRATION and BREAKFAST

9:00-10:30: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.”

Presented by: Anne Shaw, LICSW, PIP, CIRT

10:30-10:45: BREAK

10:45-12:15: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.”
-Continued.

12:15-1:30: LUNCH: PROVIDED ONSITE

1:30-3:00: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.”

Presented by: Anne Shaw, LICSW, PIP, CIRT

3:00-3:15: BREAK

3:15-4:45: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.”
-Continued.

4:45: Adjournment

DINNER ON YOUR OWN

Conference Contact:

Betty Struzick, ACSW, LICSW, MPH

ASCSW President

205-902-5082

Saturday, February 23, 2019:

8:00: BREAKFAST PROVIDED

9:00-10:30: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.”

Presented by: Anne Shaw, LICSW, PIP, CIRT

10:30-10:45: BREAK

10:45-12:15: “Couples Therapy: Exploring Methods of Effective Relationship Therapy.” -
Continued.

12:15-1:30: LUNCH: PROVIDED ONSITE

1:30: OPEN BOARD MEETING for the Alabama Society for Clinical Social Work with ASCSW President, Betty Struzick, ACSW, LICSW, MPH, presiding.

Continuing Education Contact Hours: Nine (9) contact hours will be provided to those attending the conference.

Learn more about the
Alabama Society for Clinical Social Work at
www.ascsw.org

Registration Form:

Name: _____

Address: _____

Phone: _____

Email: _____

Conference Fees: Members: \$90.00 _____

Non-Members: \$150.00 _____

Room Rental Fee per night: \$75.00 _____

How many nights? _____

Which nights? _____

Registration fees include two breakfasts, two lunches, conference materials and 9 Contact Hours. Dinner is on your own Friday night. Please send completed registration form to:

Anne Shaw, ASCSW

1037 22nd Street South, Suite 200

Birmingham, AL 35205

*****Make Checks Payable to: ASCSW*****

Conference Site: Clurin’s Blue Heaven

915 Chewning Lane

Gulf Shores, AL 36542

Directions: Follow Route 59 South over the Intracoastal Waterway in Gulf Shores. Turn right onto Route 180 West (Fort Morgan Road). Go approximately 11.4 miles. Just past the Martinique development (on left), turn left onto Veteran’s road. Go to the very end and turn left onto Chewning Lane. Clurin’s Blue Heaven is the third cottage on the left (blue house with a pool). **DO NOT PARK IN THE SAND.**